



## Mulligan's The Pelvis

### Course Outline

#### Day 1

8.45 Registration

9.00 Overview of MWM related to pelvic dysfunction and pelvic girdle pain

Functional anatomy, biomechanics and neurophysiology of the pelvis

Determination of SIJ plane

10.30 Morning Break

10.50 Functional examination procedures for identification of pelvic dysfunction and failure to transmit load and force effectively

12.30 Lunch

1.30 Functional examination procedures for the pelvis

SIJ MWM treatment techniques

3.00 Afternoon Break

3.15 SIJ MWM treatment techniques

Short case studies

1700 End of Day 1



#### Day 2

8.00 Functional examination procedures for the pelvis

Pelvis MWM guidelines and clinical reasoning

SIJ MWM techniques

10.00 Morning Break

10.15 Case Study SIJ MWM post surgical SIJ MWM techniques

12.00 Lunch

12.45 SIJ MWM techniques

SIJ MWM techniques

Case study - MWM related to MRI visualized lumbar IVD protrusion

2.00 End of Day 2

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