



presenter Mr. Mark Oliver

Course Outline

Day 1

8.45 Registration

9.00 Introduction to the Mulligan Concept and Mobilisation

With Movement Foot and Toe Techniques

10.30 Morning Break

10.45 Ankle and Knee Techniques

12.30 Lunch

1.15 Lumbar SNAGS

3.00 Afternoon Break

3.15 Lumbar SNAGS and other techniques Revision/Demonstration

1700 End of Day 1

Day 2

8.00 Neural Techniques Spinal Mobilisation With Leg Movement Techniques

10.00 Morning Break

10.15 Hip Techniques Lumbar SNAGS – modifications

12.00 Lunch

12.45 PRPs for lower limb structures and other techniques

2.00 Afternoon Break

2.15 Other techniques, Discussion, Questions & Summary

3.00 End of Day 2