



Dry Needling Introductory Intensive Course

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Includes:

1. Online Theory Modules
2. Practical F2F Training Day
3. 2 hour Living Anatomy Wet Lab Workshop

Practical F2F Training Day

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| 8.45 – 9.00 | Registration |
| 9.00 – 9.30 | Point localization & Needle insertion Practical Session: Supraspinatus, Infraspinatus |
| 9.30 - 10.45 | Practical Session: Brachioradialis, ECR Longus & Brevis, Extensor Digitorum, Supinator, Extensor Carpi Ulnaris |
| 10.45 - 11.00 | MORNING TEA |
| 11.00 - 1.00 | Practical Session: Iliopsoas, Vastus Lateralis & Medialis, Rectus Femoris & Sartorius |
| 1.00 - 1.30 | LUNCH |
| 1.30 – 2.30 | Practical Session: Gastrocnemius, Soleus, Fibularis Longus, Brevis & Tertius |
| 2.30 – 3.30 | Practical Session: Gluteus Maximus, Medius, & Minimus |
| 3.30 - 3.45 | Short break |
| 3.45 - 4.30 | Outcomes Based Assessment: Written short answer, anatomy quiz & practical demonstration of technique |
| 4.30 - 5.00 | General discussion, certification and close |

Preparation & Course Details

- ✓ **Pre Reading:** Log in, theory modules, pre-reading material and quizzes
- ✓ **Bonus** Free Dry Needling Clinical Tools Pack (Value \$60.00)
- ✓ **Bonus** Color and referenced comprehensive eManual - online (Value \$85.00)
- ✓ **Bonus** Introductory Course online technique video library (Value \$100.00)
- ✓ **Bonus:** Free enrollment in 2 hour Living Anatomy Wet Lab Workshop
- ✓ **Catering:** Fully catered course (DF, GF, Vegan and Vegetarian options on request)
- ✓ **Course Equipment:** All needles and needling equipment provided

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