

DRAM - scoring

The scoring schema for the two questionnaires are provided on the page following each questionnaire.

The suggested cut-offs as per Main et al ¹

Normal	modified Zung <17
At risk	modified Zung 17-33 and MSPQ <12
Distressed Depressive	modified Zung >33
Distressed Somatic MSPQ	modified Zung 17-33 and MSPQ >12

¹ Main C, Wood P, Hillis S, et al. The Distress and Risk Assessment Method. A simple patient classification to identify distress and evaluate the risk of poor outcome. *Spine* 1992; 17: 42-52.